



The Water's Edge

BEAUTY AND TREATMENT SUITE



The Water's Edge



St George's Hill Lawn Tennis Club was founded in 1913 and has a distinguished history. Situated within a 14 acre lakeside setting, with facilities including 32 tennis courts (15 all-weather, 15 grass and 2 indoor) 4 squash courts, 20m indoor pool, gym, studio, bar and restaurant; the Club has everything you could wish for.

In 2004, the beauty suite was refurbished to create a welcoming environment, fit for clients to indulge in a range of beauty, holistic and complementary therapies to suit varying lifestyles. The beauty suite includes three treatment rooms, a manicure/pedicure station and a relaxation room.

At The Water's Edge we aim:

- To provide excellent customer care within comforting surroundings
- To restore peace and harmony in a relaxing environment
- To provide treatments which fit in and compliment our clients' lifestyle

Facials



Renew Rose Anti-Age Facial

Specially designed for mature, dry and devitalised skins. Uses the age-old properties of Rose and Frankincense to smooth and revitalise skin texture, encouraging skin renewal. Includes hydrating and rejuvenating gel and mud masks interspersed with a relaxing yet firming facial massage that concentrates on the areas most affected by the ageing process. Your skin is left conditioned and toned and your spirits uplifted.

1 hour 30 mins

£80

Renew Rose Facials

Pure hands-on therapy at its best. More than a facial, this is a facial experience. Cleansing, toning, exfoliation, a rejuvenating facial massage and application of a hydrating mask are topped and tailed with a relaxing scalp massage and a pampering hand and arm massage. Our beautifying and luxurious Renew Rose facials soften, moisturise and nourish, using natural Damask Rose Water to support circulation and purify your skin. Your skin is left toned, polished, delicately scented and quite simply radiant. And you will be left glowing from the inside out!

1 hour

£55

With back massage

1 hour 30 mins

£80

Balance Deep Cleansing Facial

Tailored for oily and combination skin. This pore refining facial works deep using the natural antiseptic properties of Lavender and Tea-Tree to condition the skin and balance the skin's natural oils. Your skin is left feeling fresh, soft and super clean!

1 hour

£55

With back massage

1 hour 30 mins

£80



Body Treatments

Full Body Massages

Ease away the day's stresses and strains and bring body and mind back into balance. The real, traditional aromatherapy full body massage fusing the best of massage practices from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body. Choose from Relax, De-Stress, Revive, Rescue and Renew for the full aromatherapy experience.

1 hour £44
1 hour 30 mins £75

Revive Cellulite Treatment

Detox, eliminate and tone with this invigorating and effective body treatment specifically designed to target areas of cellulite. A citrus burst of gel, oil and mud is applied containing purifying Pink Grapefruit, Sweet Orange and Mandarin with Juniper Berry and Rosemary to add zest and positive energy to your life. Smile - it's time to get your house in order and feel well and truly sorted!

1 hour £44
1 hour 30 mins £75

Revive Jet Lag Treatment

Be ready to take off before you've landed! An enlivening and rejuvenating treatment using physical manipulation to transport you quickly into the right time zone and get your body and mind back in business. Complete with survival tips for long journeys, this is a must-have treatment for those who have travelled the distance.

1 hour £44
1 hour 30 mins £75

De-Stress Muscle Release

A deep and meaningful all over body massage treatment designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Involves intensive deep tissue techniques to warm, manipulate and ease the body with stretching and drainage to release and disperse. Get serious and give your body the attention it deserves.

1 hour £44
1 hour 30 mins £75



Rescue Breathe Easy

Breathe in and breathe well. Clear and cleanse your head with this upper body treatment to maximise effective breathing and a sound immune system. Inhale the freshness of mountain air and the natural anti-bacterial powers of Eucalyptus, Tea-Tree and Pine to maintain healthy breathing in polluted, smoky or stuffy atmospheres.

1 hour £55

Back, Neck & Shoulder Massage

Relaxing, tension-releasing Swedish massage working on individual problem areas

45 mins £28

Pregnancy Treatments

The Real Nurturing Experience for the Mother-To-Be

Rest at leisure as your body is soothed and your skin is pampered with the nourishing properties of Rose oil. Inclusive of a complete scalp, face and lower leg massage, this massage is designed to answer the developing needs of mother and baby and to give you the nurturing treatment you both deserve.

1 hour £55

Rose Hydrating Cocoon for the Mother-To-Be

A gentle exfoliation to your skin which is then smoothed over with rich, nourishing creams from top to toe while you lie in a comfortable, fragrant cocoon. A relaxing scalp massage carries you away into a soothing dream.

1 hour £55

Rose Hydrating Cocoon for the New Mother

Help your body back into shape with specially chosen nurturing essential oils to restore your skin condition and refine stretch marks after

the stresses of pregnancy. An Ayurvedic scalp massage supports circulation and promotes healthy hair growth.

1 hour £55

Renew Rose Radiance Facial for the Mother-To-Be

More than a facial, this is a facial experience. Cleansing, toning, exfoliation, a rejuvenating facial massage and application of a hydrating mask are topped and tailed with a relaxing scalp massage and a silky, soft layering of creams and oils.

1 hour £55

Scrub and Wrap Treatments

An all over body exfoliation followed by an application of gels, creams and oils to moisturise, nourish and hydrate your skin. Once the body is gently enveloped, lie back in luxury and enjoy a scalp or foot massage. Aromatic oils relax or focus, restoring harmony to body and spirit within the hour.

1 hour £55

De-stressing Soother

Enter the total chill out zone, where you feel a thousand miles away from the pressure and confusion of everyday life as mind and body indulge in the benefits of deep, meditative relaxation. Give yourself a moment's peace.

Lavender and Peppermint Cooler

Rescue your skin after overdoing it in the sun with a cooling and soothing body wrap. The legendary healing powers of Lavender cool your overheated skin while Peppermint and Rose comfort and soothe your body.

Citrus Detox Reviver

Feel cleansed inside and out with this powerful treatment. After exfoliation to smooth and refine the skin, stimulating massage and foot reflex points encourage the release and elimination of unwanted toxins.

Rose Hydrating Cocoon

Lie in a bed of roses and indulge in this nourishing and thoroughly moisturising treatment. Rich oils and creams with Damask Rose are smoothed into freshly exfoliated skin leaving it glowing, silky soft and revitalised.





Beauty Treatments

Waxing

Full Leg	45 mins	£27
Full Leg and Bikini	1 hour	£32
Three-quarter Leg	30 mins	£20
Half Leg	30 mins	£16
Full Arm	30 mins	£16
Underarm or Bikini	15 mins	£9
Brazilian	30 mins	£20
Lip or Chin	15 mins	£9
Lip and Chin	15 mins	£11
Eyebrows	15 mins	£9
Back and Shoulders (Men)	30 mins	£18
Chest (Men)	30 mins	£16

Eyes

Eyebrow Shape	15 mins	£9
Lash Tint*	15 mins	£14
Brow Tint*	15 mins	£9
Lash and Brow Tint*	30 mins	£21

**A tint test is required 24hrs prior to an initial tint treatment.*

Perfect Lash Extensions

Perfect Lash creates longer, thicker, natural looking lashes that are comfortable to wear and last for up to eight weeks rather than just a few days. They are darker than natural lashes so you won't need to wear mascara and you can also shower, exercise, swim, sleep and cry without worrying about them falling out.

Full set	1 hour 30 mins	£75
Maintenance within 3 weeks	1 hour	£45

St Tropez Tanning Treatment

Full Body	1 hour 15 mins	£39
Legs Only	1 hour	£23

Facials



Dermalogica is a professional product recommended and used by only trained skin care professionals. The products are fragrance and colour free and are based on only the finest ingredients possible. All facials include cleansing, steam, exfoliation, face mapping, personalised prescription, face, neck and shoulder massage, mask and scalp massage.

Power Rejuvenation Facial

A superior facial with an international reputation. A monthly Power Rejuvenation facial will keep your skin in optimum condition. Combining the multivitamin range to give the ultimate in exfoliation and a deep penetrating cocktail of vitamins to boost the skin.

1 hour 15 mins £55
Course of 6 £300

Medicated Clearing Facial

Perfect for clients suffering with congested skin and breakouts. This facial helps to clear congestion and blocked pores whilst helping to heal and clear the skin preventing future breakouts.

1 hour 15 mins £55
Course of 6 £300

Skin Brightening Treatment

Helping to balance areas of uneven pigmentation with Dermalogica's botanically based brightening ingredients. Ideal for sun-damaged skin or clients seeking a clearer complexion.

1 hour 15 mins £55
Course of 6 £300

Men's Facial

Designed to treat problems unique to men. This facial offers deep cleaning and exfoliation helping to prevent ingrown hairs and soothe and calm shaving rash.

1 hour 15 mins £55
Course of 6 £300

Express Facial

Ideal for people on the go. This thirty minute facial allows a mini treatment in a reduced time.

30 mins £25

Revitalizing Eye treatment

This treatment firms, tones and helps dismiss fine lines and reduce puffiness. Can be performed alone or as an add on to any other facial.

30 mins £25

Body Treatments



Thermal Touch

Inspired by the 14th century Thai therapy, this treatment utilises a unique fabric stamp filled with skin-benefiting ingredients and the power of heat to detoxify, remineralise, de-stress, exfoliate and relax.

1 hour 30 mins £70

Mineral Salt Scrub

Polish the skin to a soft glow while providing critical hydration and nourishment.

45 mins £30



Back Purification

A customised treatment just for the back combining, deep cleaning, extractions, mask and stress release massage perfect for that hard to reach area.

1 hour £50



Power Recovery Therapy

An intense wrap therapy dedicated to feeding the skin nourishment it craves for optimal health.

1 hour £55

Mud Massage therapy

A unique and exotic detoxifying treatment that cleanses skin while conditioning and fortifying skin with antioxidants.

1 hour £55



Manicures and Pedicures



OPI Manicure

Nails are not alike... a treatment manicure which analyses and treats each nail for its specific nail type. The cuticles are cared for with oils and creams, the nail shape is perfected and finally treatment basecoats and colour are applied for the perfect finish until your next visit.

45 min £24

OPI Manicure Deluxe

Hands age quickly, more quickly than the face... a luxury and effective treatment for the hands using heated mitts.

1 hour £28

OPI Pedicure

A luxury foot and leg treatment using revitalising products for softer, smoother feet and legs, finishing with perfectly pedicured polished toenails.

1 hour £26

OPI Pedicure Deluxe

A luxury foot and leg treatment using revitalising products for softer, smoother feet with thermal booties for deeper penetration of oils and creams, softening cuticles and improving circulation and soothing stiff joints, finishing with perfectly pedicured polished toenails.

1 hour 30 mins £30

Shape and re-varnish

15 mins £10

OPI Nail Extensions

Full set of permanent acrylic French nails

1 hour 30 mins £45

Full set of permanent acrylic clear nails

1 hour 15 mins £40

Infills

1 hour £25

Repair

15 mins £4

Soak-off including manicure

1 hour £30



Terms and Conditions

Opening Times

Opening times vary so please ask at Reception or ask your therapist.

Please note that treatment time allows for a 15 minute consultation/turn around.

Cancellation Policy

Please note that we require 24 hours notice to cancel or re-schedule appointments, otherwise a 50% charge will be made.

Data Security

Personal details taken from clients during consultation procedures will be kept secure and in the strictest confidence.

Gift Vouchers

A delightful gift to suit all occasions, vouchers are presented in an elegant cream envelope, and are available for purchase by treatment or monetary amounts.

Mobile Phones

We respectfully request that all mobile phones be switched off during your visit to The Water's Edge.

Products

Complete ranges of all products are available for purchase from your therapist.

Complementary Therapies

The Water's Edge offers a range of complementary therapies. Please ask your therapist for further information.

Smoking

For the comfort of all guests, we operate a no smoking policy throughout the premises.

Valuables

Certain treatments require the removal of jewellery, which will be stored safely in your treatment room. Please ensure you retrieve all valuables before leaving the premises as we cannot be held responsible for lost items.

Please book your treatments through Reception on:

01932 843541



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